

Head Protection

PROJECT / SITE	DATE	TALK LED BY

THE HAZARD

Overhead work in tight winter spaces is when heads meet structure. A hard hat that has already taken an impact looks fine and protects almost nothing.

WHAT GOES WRONG

- A hat that took a hit last month kept in service because there is no visible crack.
- Suspension harness slack, so the shell sits on the skull instead of above it.
- Hat worn backwards where the design does not allow it, or over a hood that breaks the fit.
- Stickers, paint or solvents on the shell hiding damage or degrading the plastic.

CONTROLS: BEFORE YOU START

- Inspect before each shift: cracks, dents, chalky or faded shell, damaged suspension.
- Adjust the suspension so there is a gap between the shell and your head. That gap is the protection.
- Replace after any impact, even when nothing looks wrong, and replace on the maker's schedule.
- Do not paint the shell or clean it with solvents. Both weaken the plastic.
- Keep it on where anything can fall, which is anywhere below other work.

ASK THE CREW

1. What overhead work is happening on this site today, and who is below it?
2. Who is wearing a hat that has taken a hit at some point?
3. Check your suspension now. Is there a gap, or is the shell sitting on your head?
4. When was the last time anyone here replaced a hard hat?

ATTENDANCE RECORD

Everyone present signs below. This sheet is the record of the talk.

PRINT NAME	SIGNATURE
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SUPERVISOR / COMPETENT PERSON	SIGNATURE