

Slips, Trips and Falls on Ice

PROJECT / SITE	DATE	TALK LED BY

THE HAZARD

Same-level falls get written off as bad luck. They are the injury a five-minute talk can actually prevent, because the places that refreeze on a site are the same places every morning.

WHAT GOES WRONG

- Yesterday's puddle, meltwater run-off or a hose leak refreezes overnight into a sheet.
- Walking with hands in pockets or arms full, so there is nothing to catch yourself with.
- Ice hidden under a dusting of fresh snow on a walkway everyone uses.
- Grit put down once at the start of the week and never topped up.

CONTROLS: BEFORE YOU START

- Walk the route the morning of the talk and name the three worst spots out loud.
- Grit or sand those spots, and agree who tops them up during the day.
- Take short flat steps and keep your hands free on any surface you do not trust.
- Wear boots with tread left on them, and add cleats where the site warrants it.
- Report a new ice patch the moment you find it instead of walking around it.

ASK THE CREW

1. Where does this site refreeze first, and why does the water end up there?
2. Who is gritting today, and where is the grit kept?
3. Which route are people taking that is not the route we salted?
4. Has anyone slipped here in the last week without reporting it?

ATTENDANCE RECORD

Everyone present signs below. This sheet is the record of the talk.

PRINT NAME	SIGNATURE
1	
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SUPERVISOR / COMPETENT PERSON	SIGNATURE